

How best to support
me

Don't shout at me.
Talk to me nicely and
be friendly to me.
Respect me. I like a
laugh!



What people
say about me

Very kind,
very loyal and
caring. I am
helpful and
make people
laugh

Nicola
Roberts

What is important to me

Brian who is the love of my life. We have
been married for 18 years.

Rosie Lee my dog .

My mum and bothers

I love my home because it is quiet and I feel
safe

Consortium who give me good support