

## **What is important to me**

Walking group,  
Gym,  
Family - my sister Caroline  
and Gary, and the children  
Photography,  
My dog Alfie,  
Spicy food which I like to  
cook myself,  
Gardening, cutting grass  
I would like to earn money  
cleaning cars and patios.

## **What people say about me**

Protective,  
polite,  
Not afraid of hard work,  
Gentle giant,  
Thoughtful.

## **How best to support me**

Give me time to come around in  
the morning, I like to have a  
Laugh and a joke and have been  
known to wind people up.  
When I'm annoyed its best to  
give me space.

