Welcome to the Winter Newsletter. We have all been extremely busy since the last edition.

Just take a look at all of the articles and photographs in this newsletter to see what people have been up to!

We recently undertook a survey with some of the people we support and their relatives and we have just had the feedback. Overall people are very happy with their service and the people who support them. There were a few comments which we will be following up and reporting on such as developing more activities, promoting more independence and improving communication.

We also held a very successful AGM in October and people were very enthusiastic about telling us what their networks have been doing.

We know December is a very busy month with parties and Xmas dinners so we hope we’ll see lots of photographs in the New Year so we can put them in the Newsletter.

Seasons Greetings to All and a Happy New Year.

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Membership Drive

Here is an update on the Membership Drive.

We currently have 215 members, which includes a mixture of:
77 service users,
12 relatives,
67 staff,
5 related professional agencies and
54 miscellaneous people.

Members can vote to help make decisions and also elect members of the Management Committee.

Are you interested in becoming a Member?

If you are, you will need to fill in an application form, these are available from Debbie Chegwen at the Consortium office, this will cost £1 and you will be sent a Share Certificate in the post.

If you have any queries or any articles you would like to add to the next Newsletter please contact Jane or myself on the office number or email us on one of the addresses below.

Email: debbie.chegwen@communitylives.co.uk
      jane.devoy@communitylives.co.uk

‘Community Lives Consortium is regulated by the Care Standards Inspectorate for Wales and commissioned by City & County of Swansea and Neath Port Talbot County Borough Council, we may share information about our services and the people we support for quality and regulatory purposes’
Hello everyone,

There are some lovely stories and photos for you in this edition. You are all going out and about and making the most of the mild weather we have had. Katy and Renate have been on holidays to one of my favourite places — Llandudno. I have had some great fish and chips there. Watch out for the seagulls though!

Woodlands were really behind Wales who did really well at this year’s European Football Championship!!!!!!!
Rick came to visit Woodlands and took part in their Easter Bonnet Celebrations
Renate went to The Esplanade Hotel in Llandudno with staff members Lynne Davies and Charlotte Phillips in June 2016.

As you can see, Renate enjoyed her holiday, Renate visited many places and did loads of things:

- Walked along the promenade and went around the shops in Llandudno
- Went on the hop on and hop off bus to Colwyn Bay and the Castle
- Visited Chester Zoo and went on the Monorail around the Zoo
- Went to Rhyl and saw a sea lion show
- The hotel had nightly entertainment and on one evening a singer sang to Renate while playing his guitar!
- Renate enjoyed a game of Bingo one night
Welcome to Safehands at The Esplanade Hotel, the new home of specialist and wheelchair accessible holidays in Llandudno.

The Esplanade Hotel has 40 modern accessible rooms and it is situated on the outstanding Victorian promenade in the heart of Llandudno Bay, with a fantastic central location, amazing views of the Great Orme and the famous Pier. The main shopping street, Venue Cymru Theatre and the Llandudno Museum are only a short stroll away, Various other tourist attractions are within an hour of the hotel including Conwy Castle, Anglesey, Snowdonia National Park, Betws-y-Coed, Llanberis, and Lake Padarn all of which can be accessed on our fully accessible excursions.
Ashley, Leighton, Phillip and Alex from Arethusa have been busy going out on trips and days out.

So far they have visited Folly Farm and the West Midlands Safari Park. They also had a Benidorm, Spain trip organised for September!! Hope it went well and look forward to the pictures!
Coed Arian Service Users enjoying a trip to Swansea Museum

Disabled access

The main museum building benefits from flat access from rear and side with disabled parking spaces at rear, thus allowing full access to all levels and galleries via the lift.
Renate from Coed Arian went to a Ladies Night in The Village Hotel, Swansea in August. Renate took some pictures of the male entertainers!!

David Sherwood from Network 7 was recently awarded “Most Supportive Team Member 2016” by Mecca Bingo in Cwmdu. David has worked for Mecca Bingo for over 20 years and was voted by the staff and customers at that branch.

Well done David!!
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Katy went on holiday to the Esplanade hotel in Llandudno in September.

Staff members Sally Anne Jones and Charlotte Phillips supported Katy on her holiday.

While there Katy visited Chester Zoo and went on the Snowdon Railway.

As you can see in the photos Katy thoroughly enjoyed her holiday.

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Here at Gorseinon Road, we had the need to vacate our bungalow for two nights due to new flooring being laid in our hallway. As Barbados was a bit too far, we chose to book into cottages near Tenby! The cottages had all the facilities that we needed (hoist, high/lo beds, electric beds, wet rooms etc) and were extremely quiet and peaceful. The journey only took 40 mins from Penllergaer, Tenby and Saundersfoot were not too far away, and there were many more places of interest to visit. Malcolm and Marilyn loved their souvenirs from Tenby. We are now aiming to visit again for a longer holiday next year.
What’s provided at Homeleigh Cottages  http://www.homeleigh.org
We offer a warm welcome to guests who need a little extra help to make their holiday perfect. The cottages have been designed to the highest specification around the accessibility needs and comfort of the wheelchair user and their carers.

What’s here:
  Parking space close to cottages
  All doors are extra wide
  No steps
  Non-slip flooring
  Shower rooms in wet room style
  Visitors laundry
  Disabled aids (other aids can be provided upon request)
  Selection of shower chairs
  Cot sides
  Hoists
  Air mattress
  Rotunda turning platform
  Hospital standard electrically operated beds available in all our cottages (at least 1 per cottage)
Valerie went to the Dragon Hotel for Afternoon Tea, which she really enjoyed!
Rebecca dressed up as a Wicked Witch this Halloween, doesn’t she look scary…… sorry Wonderful!!

Watch out for that spider Rebecca!
Congratulations to Diane Jones, Michelle Thomas, Andrea Smith and Christopher Watts who have achieved their QCF Level 5 Diploma in Leadership for Health and Social Care. A Graduation ceremony was held at the Great Hall, Swansea Bay Campus, here are some of the photos. Congratulations to everyone who have completed their QCF Diplomas in Health and Social Care, levels 2 and 3.

Unfortunately Diane was unable to attend.
Did you know that your local Councillor can help you with issues and worries that are important to you! Like:

• Noisy neighbours
• Poor roads and pavements
• Having less support because of your care package
• Daycentre and respite closure
• Public Transport
• Community Fetes and Parades and so much more..

Don’t forget your Councillor is there to help and is waiting to hear from you……

For any information about who your councillor is contact karin.phillips@communitylives.co.uk

Caroline's (sshhh) 60th!

Caroline, from Staff Development recently celebrated her 60th Birthday!!! So a few of us went out to celebrate after work. Her colleague Julie made the wonderful cake with an Aussie feel because Caroline was going to Australia to celebrate in style!
Thank you for sharing your stories. If you would like more information on the stories you have read about please contact me on 01792 646640 or email me:

julie.davies@communitylives.co.uk.

If you would like more information about Time to Meet events and activities please contact Julie Davies on 01792 646640 or email: julie.davies@communitylives.co.uk.

**Tenant’s Holidays**

Don’t forget if any service users are going on holiday please let me have photos and feedback on how you enjoyed yourselves and if other service users would like to go to the same places.
Art and Model Club.

To all members of the Workshop Art and Model club
Club night is held on a Tuesday at 6-30 p.m. till about 9-00 p.m.
The club is open to all staff, family members and friends all are welcome.
Cost per night £2-00
Staff who accompany tenants and don’t participate (no cost)
Hope to see all old members and new members on Tuesday.
Come along and have some fun!

Dave Phillips.

POLICY CORNER - To read about any changes to any of our policies we now have a CLC blog site.

http://clcpolicy.wordpress.com/

The policies are in alphabetical order for ease of use.

Community Lives Consortium
Supporting People to live the lives they choose

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Support & Wellbeing Advisors
In the Workplace

Sheree Lewis-Jones 07816 609025
Jeannette Waters 07816 608575
Linda Gigg 07816 609607
Emma Shears 07816 608664
Michael Connolly 07816 608552
Del Rees 07816 608556
Julie Roberts 07970 970905
Liam Canfield 07738 024279
Wayne Wilcox 07711 040354
Rhodri Thomas 07977 175311

Your Advisors

for confidential support & advice

The Support and Wellbeing advisors will generally be available between the hours of: 9.00 a.m. and 9.00 p.m. seven days a week (apart from bank holidays).

For further information see website:  http://www.communitylives.co.uk

Working in partnership with Unison

Community Lives Consortium is regulated by the Care Standards Inspectorate for Wales and commissioned by City & County of Swansea and Neath Port Talbot County Borough Council, we may share information about our services and the people we support for quality and regulatory purposes.
Thanks to all who passed me stories it was great reading all the fun you’ve had on your holidays, short breaks or parties!

I hope you enjoyed reading this Newsletter as much as I enjoyed putting it together.

Thanks again, I look forward to your stories for the next issue!

If you have any queries or any articles you would like to add to the next Newsletter please contact me on the office number below or email me at:

jane.devoy@communitylives.co.uk

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<thead>
<tr>
<th>Dates for Your Diary</th>
<th>Venue</th>
<th>Date</th>
<th>Time</th>
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<tbody>
<tr>
<td>Management Committee Meeting</td>
<td>Training Suite</td>
<td>17th January 2017</td>
<td>2 pm — 4 pm</td>
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<tr>
<td>Tenant Lives Group Meeting</td>
<td>Board Room</td>
<td>6th March 2017</td>
<td>1 pm — 3 pm</td>
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Walter Rd Office will be closed on Monday 26th December, Tuesday 27th December and Monday 2nd January 2017.