

# Getting Ready For My Meeting

Person Centred Planning



# How to make sure things happen for you

One way is to have a meeting with the people who are important to you. Show them your plan if you have one and talk about what you want to happen.

This workbook is for you to think about how you want your meeting to go.

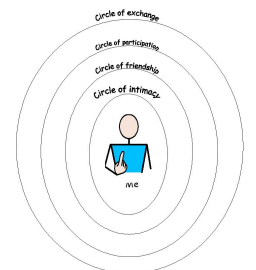
There are pages to think about:

- Who you want to come,
- Who you don't want to come, but you want them to know what happened at your meeting,
- Where and when you want your meeting,
- And what needs to happen for you to enjoy your meeting and make sure that things happen.

# Who I want to come to my meeting



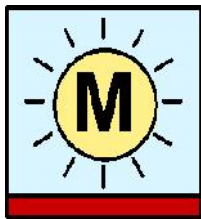
It may help to look at the circles where you wrote the names of the people who are important to you.



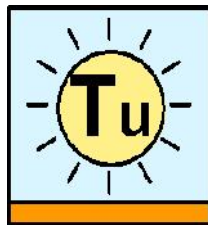
**I would rather not invite the following people to my meeting, but I want them to know what I have decided.**



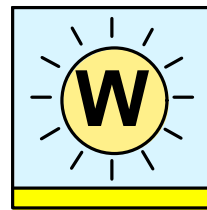
**The days and times that suit me best are:**



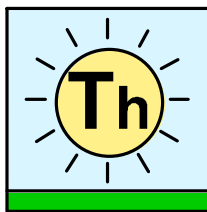
Monday



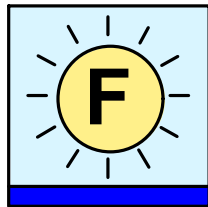
Tuesday



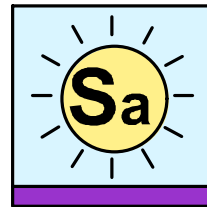
Wednesday



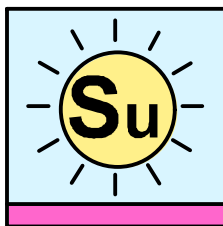
Thursday



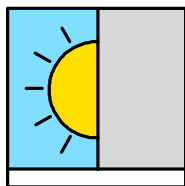
Friday



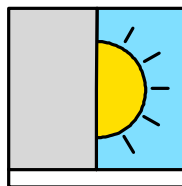
Saturday



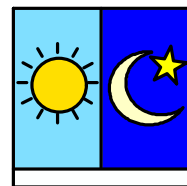
Sunday



Morning

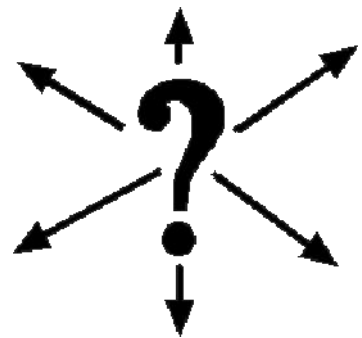
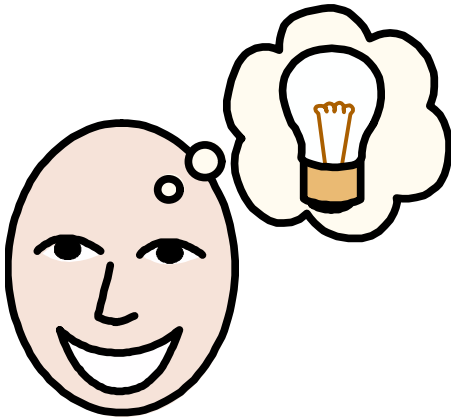


Afternoon



Evening

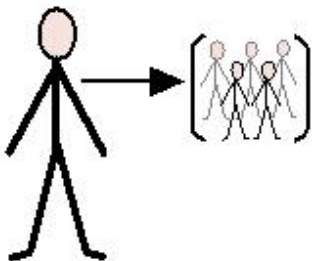
# My ideas about where to have my meeting



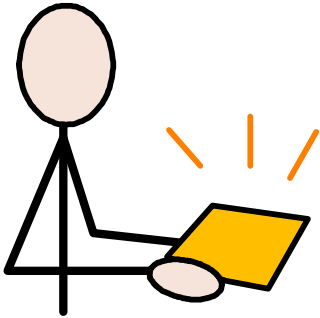
**What needs to happen for me to feel comfortable and enjoy my meeting**



**How I want to take charge or be involved in my meeting**



## **How I want to prepare for my meeting**



## **How I want to be involved in what happens after the meeting, to make sure that things happen**

